



Lenny Ferraro - Founding Co-Chairman

Lenny Ferraro was instrumental in establishing the ucpn Polar Bear Plunge in 2005 and has provided dedicated and tireless service to ucpn for over 25 years as a member of the Board of Directors and through enthusiastic work on numerous vital agency committees. Lenny, a true friend to all, passed away on December 1, 2008. This Polar Bear Plunge and all to follow are now dedicated in his honor and memory.

OUR SPONSORS!!



ICE SCULPTURE DESIGNS

Sponsorship Opportunities Still Available!

ucpn Polar Bears
380 Washington Avenue
Roosevelt, NY 11575
(516) 378-2000 x648
Fax: (516) 223-3384
cevdos@ucpn.org

Theodore Roosevelt Park
516-624-6202

Take Meadowbrook Parkway North to Northern State Parkway East; take to Exit 35N (106/107) ; follow right fork, following 106; at Hess Station (on left) make left onto Lexington Avenue. Take to end and make left. At next light, make right and park entrance will be facing you.

ucpn Presents the Sixth Annual

POLAR BEAR



PLUNGE

To benefit:

United Cerebral Palsy Association of Nassau County, Inc.

Dedicated to the Memory of
LENNY FERRARO - Co-Chairman

March 7, 2010

Festivities at 1:00 PM
Plunge at 2:00 PM

Theodore Roosevelt Park
Oyster Bay, New York

CHAIRMAN
Jack Sullivan

HONORARY CHAIRMEN

Harvey Weisenberg
N.Y.S. Assemblyman
John Venditto

Town of Oyster Bay Supervisor

RAIN, SNOW OR SHINE!
INDOOR ASSEMBLY AREA!!

RAFFLES!!
HOT SOUP!

PRIZE FOR BEST PRE-PLUNGE COSTUME & HAT!

Sunday, March 7, 2010
FESTIVITIES BEGIN AT 1:00 PM

PLUNGE 2:00 PM
Theodore Roosevelt Park
Oyster Bay, NY
BRING A FRIEND!

HOT TEA & COFFEE!
DJ
HOT CHOCOLATE!
HOT DOGS!

Come and join us for the Sixth Annual ucpn Polar Bear Plunge!

Enjoy the fun of being the first to kick spring into gear with a refreshing dip, while raising money for the **United Cerebral Palsy Association of Nassau County, Inc. (ucpn)**

Participation is easy. Just fill out the attached information sheet and try to recruit as many sponsors as possible. The more money raised, the more you help **ucpn!** So, come on down and join the fun!

The United Cerebral Palsy Association of Nassau County, Inc. (**ucpn**) is an independent, non-profit health agency serving over 1,800 children and adults with cerebral palsy, developmental and other disabilities. The Association, founded in 1948, operates a comprehensive Treatment and Rehabilitation Center in Roosevelt, Long Island that has earned international recognition for innovative and high quality programs. **ucpn** is a total therapeutic community meeting the needs of individuals from birth through their senior years. On-site services are provided for people with a broad range of mild to severe disabilities by a highly trained, experienced staff

“90 cents of every dollar goes back into our programs!”

The **ucpn** meets all standards of charitable accountability as set by the Better Business Bureau.



Waiver Form

If you are under the age of 18...a parent or guardian must sign this form; then bring it with you to registration in order to plunge.

If you are 18 yrs. of age or older...you will be asked to sign the Waiver and Release on Plunge Day at registration.

The United Cerebral Palsy Association of Nassau County, Inc. (**ucpn**) Release and Waiver of Liability, Assumption of Risk and Indemnity, and Parental Consent Agreement (“AGREEMENT”)

In consideration of participating in the ucpn POLAR BEAR PLUNGE, I represent that I understand the nature of the event and that I and/or my minor child am qualified, in good health, and in proper physical condition to participate in such Activity. I acknowledge that if I and/or my minor child believe event conditions are unsafe, I and/or my minor child will immediately discontinue participation in the Activity.

I fully understand that the POLAR BEAR PLUNGE event involves risks of serious bodily injury, including permanent disability, paralysis and death, which may be caused by one’s own actions, or inactions, those of others participating in the event, or the negligence of the “releasees” named below; and that there may be other risks either not known or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I and/or my minor child incur as a result of my and/or my minor child’s participation in the Activity.

I hereby release, discharge, and covenant not to sue **ucpn**, their respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the “RELEASEES” herein) from all liability, claims, demands, losses, or damages on my account and/or that of my minor child caused or alleged to be caused in whole or in part by the negligence of the “releasees” or otherwise, including negligent rescue operations; and I further agree that if, despite this release, waiver of liability, and assumption of risk I, or anyone on my and/or my minor child’s behalf, makes a claim against any of the Releasees, I will indemnify, save, and hold harmless each of the releasees from any loss, liability, damage, or cost, including legal fees and court costs, which any may incur as the result of such claim.

I have read this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT, AND PARENTAL CONSENT AGREEMENT, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

Print Participant’s Name

Signature of Participant
 (Only if participant is age 18 or over)

Date

Signature of Parent/Guardian
 (If participant is under age 18)

Date

How did you hear about the PLUNGE? _____

POLAR PLEDGE FORM

 * **RAISE** **EARN** **SIZE** *
 * **\$50** **Baseball Hat** *
 * **\$100** **Long Sleeve Shirt** _____ *
 * **\$250** **Hooded Sweatshirt** _____ *

Please make all checks payable to:

ucpn

All contributions are tax deductible as allowed by law.

<u>Sponsor</u>	<u>Phone #</u>	<u>Donation</u>
Name: _____	# _____	\$ _____
Name: _____	# _____	\$ _____
Name: _____	# _____	\$ _____
Name: _____	# _____	\$ _____
Name: _____	# _____	\$ _____
Name: _____	# _____	\$ _____
Name: _____	# _____	\$ _____
Name: _____	# _____	\$ _____

PHOTOCOPY THIS FORM AS NEEDED

Name: _____ **Phone :** _____

Address: _____

E-Mail: _____ **Total Collected:** _____

Amex/MC/Visa Accepted: _____ **Exp.** _____

Signature: _____ **Amount:** _____

ucpn Polar Bear Plunge 380 Washington Avenue Roosevelt, NY 11575 www.ucpn.org 516-378-2000 x648	The wearing of water shoes or sneakers is highly recommended!
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