
United Cerebral Palsy Association of Nassau County, Inc.



ucpn

Annual Report 2005





From the
Executive Director, ucpn
Robert McGuire

In our 58th year, our organization is as vibrant, productive and optimistic as ever. One year ago, I shared a letter by one of our consumers, Charlie F., who explained why his power wheelchair and communication device were so important to him and his family. He shared his accomplishments, which included earning an Associates Degree from Nassau Community College and also attending Queens College and Hofstra University. Well, if he were writing now, he would tell you that he is currently on staff at Life Options, our new program developed through the New York State OMRDD initiative NYS OPTS, teaching the use of computers to others with disabilities; another feather in his cap. The foundation of NYS OPTS programs is that consumers are the driving force, the center of all decisions; fully participating in the "program" that they develop.

In November 2005, our Life Options program began in full swing for 107 adults. This initiative is an example of good partnerships on the individual, organizational and governmental level. The Commissioner of OMRDD, Thomas Maul, is a champion for individuals who have disabilities and has challenged all providers in New York State to follow the desires of their constituents and create the "activities" that meet their needs and visions. Though **ucpn** has always partnered with our constituents, we haven't always had the flexibility that this initiative offers. Our consumers are prospering in this program and the evidence is overwhelming. Our attendance is booming; individuals using their communication devices are reportedly using them more frequently and working with therapists to increase their choices of speech; adverse behaviors have decreased. One individual, who once refused to leave her sister's home, where she lives, is now taking her sister to the Cradle of Aviation as a birthday present. She had gone there on a community excursion with Life Options and now wants her sister to enjoy a similar experience. Another individual who always enjoyed visits during the day from his mother; asked her to leave so that he would not miss his class; still others are changing medical and therapeutic appointments so they will not miss out on what Life Options has to offer.

Lois Neuwirth and all of the Life Options staff deserve the highest praise as do many others throughout **ucpn**. This report reflects the success of our children and adults; it highlights the goodness and skills of our staff; the value of our terrific public servants; the ongoing leadership of our Board, The Council of Auxiliaries as well as the Foundation Board. The volunteers who support our services are amazing. Did you know that Ruth Green has volunteered for 52 years? What other organization can make that claim? That's why we are vibrant, alive, improving and optimistic. It's because of you. Keep it up and thanks.

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Charles Evdos

Director of Clinical Services
Ellen Naidus



**From the
President of the Board
Thomas Connolly**

"If you are a dreamer, come in" are the words of famed author and poet Shel Silverstein. I like to think this is what the founders of the Nassau Cerebral Palsy Association had in mind when they established this agency some 58 years

ago. The founders had a vision and a dream of a better life for their children. However, I wonder if even they could have imagined the quality programs and services available to today's participants. Programs like Life Options where adults with disabilities and their families come together with staff and advocates to create a program that is tailored to each individual's ability. Community Based Day Habilitation where "choice" is on the menu every day for Adults in the program and the Primary Care clinic, where the doctors and nurses don't just provide treatment but take the time to understand and provide the best care.

Programs like this don't just happen. I thank all of you for your hard work and dedication in helping **ucpn** reach its goals to positively affect the quality of life in persons with cerebral palsy and other developmental disabilities.

It has been a great honor to serve **ucpn** for the past two years as your President. I am confident that I leave the post in good hands as Robert Masterson takes over the office and I am certain he will enjoy the support and counsel of all.

Thank you to the Nassau Cerebral Palsy Association Board of Directors and the CP Foundation for your generosity and commitment. In particular I want to remember three Board members who passed away this year; Ben Russler, Harold Greenberg, and Herb Alloy. Each was a visionary in his own right. Their leadership will be dearly missed.

This year has seen the efforts of our planned giving campaign begin to pay off. Many thanks to Bill Cohn and the CP Foundation Board for their time and effort. This group has raised over \$3.2 million in bequests and donations. Charles Evdos and the hard working Development staff also deserve to be recognized for their contributions in this endeavor. If you ever need a pick me up go see them. The enthusiasm is plentiful and the smiles are free.

To Carmela Lage and the Council of Auxiliaries, thank you for your tireless efforts. As I have said before, you are the grassroots of the agency; each of you is a true champion for people with disabilities.

To staff at **ucpn**, thank you for your hard work and dedication. You are the soul of the agency. Whether you work directly with individuals or behind the scenes, you have earned the respect and gratitude of countless families and their children. To Bob McGuire and his senior staff, your leadership has enabled the agency to thrive. Your efforts in the strategic planning initiative will help guide **ucpn** to continue meeting its goals for years to come.

Lastly, to the membership at large, it has never been more important than now for each of you to raise your voice about the need for proper funding of programs for people with disabilities. Medicaid cuts are a reality. As these cuts trickle down from federal to state to local levels, the possibility of reductions in services to our constituents is real. Through your collective voices you raise awareness and acceptance of individuals with disabilities. I encourage you to stay involved in the local, state and national levels, telling our representatives what is needed. We have seen legislation that benefits our consumers succeed because our members lobbied for it. It is through a strong collective voice that we can educate our elected officials on the needs of individuals with disabilities. Our membership is our greatest asset.

In closing, I would like to invite everyone to come in. If you dream of a life filled with opportunities for all those living with developmental disabilities then come in. Together we all make a difference.

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*Deceased

Children's Learning Center

What a difference a year can make! In last year's annual report, we reported on the school's commitment to the Strategic Planning process with the particular goal being "to make CLC an impressive school facility." Isn't the difference amazing! The look of CLC is completely different, it could now win awards for the most colorful, upbeat, child-friendly looking school around! The students' school work and art work are proudly displayed throughout the halls, in glass showcases, and in the new art gallery. The Upper School is clearly differentiated from the Lower School, with many of the changes to the Upper School coming directly from student input. One visitor said it was the nicest looking school she had seen; another said that it was so colorful, we should give visitors sunglasses! See for yourself- come visit CLC!

Our teenage academics class had a fabulous experience on the second annual "super trip" which was to Broadway to see Lion King and Beauty and the Beast. The Disney organization deserves special thanks for making this trip affordable. For most of the students, this was their first time to a Broadway show and it was a great day for all. Stay tuned- in next year's annual report you will read about the trip being planned for 2006- to the New York Hilton for lunch and then to the Museum of Modern Art- that will also be a first for most of the students.

Our graduations: Lower Graduation for the preschool and kindergarten students and Upper Graduation for the 21-year-olds were very special to students, families and the faculty. The graduating Class of 2005 consisted of young children who moved on to public schools in their communities, as well as older students who moved on to adult programs. The success of these students cannot be understated- their devoted families and the wonderful faculty of the school deserve tremendous credit for this accomplishment.

Tribute to the memory of Brian Sweeney, a New York City firefighter lost on September 11th, continues as a result of the generosity and kindness his family has shown toward CLC. Through this generosity, new computers and height-adjustable (for wheelchairs) desks were purchased, as well as our first reading

curriculum for the students. Walking through the halls and peeking into the classes, one sees children of all ages working on computers and learning to read. The reading program has been so successful that we will be purchasing a math curriculum. Curriculum materials are quite costly and we are indebted to the Sweeney family for facilitating reading for our students.

We were fortunate to have received a second major grant from the Noble Charitable Trust which made it possible to purchase state-of-the-art augmentative communication equipment for children who cannot use speech as their primary means of communication, in addition to purchasing specialized toileting equipment so the children can learn to use the bathroom as independently as possible.

A very important corporate re-organization occurred in 2005. For the first time in the agency's history, clinicians (occupational, physical, and speech therapists, psychologists, and social workers) now work directly for a particular program, such as the school or the diagnostic and treatment center. In the past, clinicians had been part of the Program Services Department and worked with children and adults in the particular programs. Now they are part of one program. In the case of CLC, our faculty grew by 50 professionals and now numbers almost 200. We are all working hard to build a strong, solid team and all is looking positive.

In the early winter of 2005, CLC undertook a large fundraising endeavor - that of raising \$140,000 to purchase four vans for the school. Our goal is to purchase three vans to accommodate four wheelchairs each so that a class of twelve students can go on a field trip and one van with bench seats for 15 children who do not require wheelchairs for traveling. We will be able to purchase one van at a time and are optimistic that during 2006, we will be able to raise \$25,000 to \$30,000 to purchase our first school van. We are counting on the generosity of families, faculty, and friends to make this come true. If you would like more information, please contact Dee Berger, Principal, at 516-378-2000 extension 260.

Enrollment in the CLC continues to soar and we had another impressive year: The number of students who attended the school, as well as the number of referrals from school districts requesting that evaluations be done by our interdisciplinary team and/or requesting placement for their students, exceeded our expectations.

Art by a Student from the Children's Learning Center Selected for CP-NYS Annual "Visions" Art Contest



The art of Oscar Bonilla, a teenage student at the Children's Learning Center (CLC) was selected by the Cerebral Palsy Association of New York State to be featured on a poster entitled "Visions - 2005." The color poster features art done by individuals from the affiliates in various counties throughout New York State.

Students at the CLC all participate in Art Therapy sessions each week in addition to their regular curriculum and other special sessions. At the annual art exhibit, over 500 pieces of art showcase the talent and creativity of all the students. A variety of materials are used by the students from traditional paints, markers, pastels, clay, etc. to recycled materials, found objects, sand, a variety of sensory materials used to promote exploration of the environment as well as expand the child's understanding of the world around him/her.

Each child completes his/her artwork as independently as is possible. The children choose the materials, colors, tools, etc. they wish to use. When the work is completed, they also choose which pieces they wish to share in the exhibit and some students mat, label and place their work in the exhibit independently.

The process is very empowering for students who are often limited in their abilities and opportunities to make decisions about their daily lives independently. The art exhibit is an exciting event for students that helps build self-esteem and confidence and provides an opportunity to share accomplishments with family and friends. The visitors that experienced the 2005 Art Exhibit gave rave reviews and expressed their delight in the wonderful display of creativity.

Photo: Oscar is seen here with the framed Visions-2005 poster along with CLC Art Therapist, Laura Buechler and CLC Principal, Diane Berger on the right.

Adult Day Services

In 2005, the Adult Day Treatment and the Site Based Day Habilitation programs continued to work on enhancing the programs offered to consumers. Our mission to enhance and maintain the quality of life of the participants we serve by developing programs which promote personal choice and opportunities for integration and inclusion was stronger than ever this year and we will continue to work toward our mission in 2006! "Transition" was the word of the year for 2005 as we had consumers transition into Life Options and into Group Site Based Day Habilitation and transition plans continue for 2006! Managers have been working with consumers and staff under NYS OPTS and are developing two new community hub sites for 56 consumers. Moving into the community will enable our consumers to become active members of the community and will also provide easier access to educational, recreational and cultural events. Special events coordinated this year included our Black History Month celebration, Valentine's Day Dance, a Fashion Show, our summer BBQ, Holiday Show and Craft Fair. Consumers and staff were thrilled to have our annual Holiday Party off site this year and everyone enjoyed dancing and great food at Levittown Hall.

The Community-Based Day Habilitation program participants have continued their work as caring and dedicated volunteers at Mercy Hospital, Island Harvest, Meals On Wheels (Nassau & Suffolk Counties), N. Merrick Senior Center, Sandel Center, Yours, Ours & Mine (Y.O.M.) and St. Francis of Chantal and at their favorite site, **ucpn!** For the second year, several consumers assisted our **ucpn** Life Guard in learning all about pool care and pool maintenance by working side by side at the **ucpn** pool. Consumers continue to enjoy these volunteer sites and the ability to choose a different volunteer site each day. When the consumers are not

volunteering in the community, they choose various recreation activities each day that facilitate inclusion in the community and help to enhance their skills and independence in areas of money management, appropriate social interactions, the planning and organization of an outing and enhancing community awareness. Activities include trips to museums, participation in various library programs, concerts, bowling, walks in community parks, shopping, The Bronx Zoo and train rides to NYC. A new program was introduced this year that enabled consumers to learn about and access public transportation by using the public bus.

The Leisure Services program continued to offer services to consumers on a modified schedule. Leisure Services is reliant upon donations and direct consumer payment in order to implement recreation programs. The Fall program offered one night of Challengers, Bowling, On The Town and the Nassau Thunderbolts. While the program has been modified, the fun continued with trips planned to concerts, plays, museums, the racetrack, baseball and soccer games and the aquarium. Managers continue to look at new and innovative ways to fund this fun & unique program. The Nassau Thunderbolts, **ucpn's** competitive sports team, continued to excel in competitions. The team and their coaches are proud of athletes Charlie Fleisch, Mark Paramidani, Michael Salerno & Howard Cohen for bringing back the silver medal in boccia pairs! Charlie Fleisch competed in the United States America's Cup in Argentina and Howie Cohen competed in the Defi Sportif in Canada. Head Coach for the Thunderbolts, Mary C. Hodge was selected as Head Coach for the US Powerlifting Team and represented our country in the 2004 Paralympic Games held in Athens, Greece.

UCP Nassau Residences

In addition to our Bayville facility, the Agency now has 13 community-based residences in operation, serving 58 individuals throughout Nassau County. These residences range in size from a two-bed house located in the west end of Long Beach to an eight-bed house located in Roosevelt. Our newest residence, located in Seaford, opened in March 2004 and provides housing for 6 individuals.

Residential development continues to be an area of significant importance for the agency. In the early summer of 2005, **ucpn** was approached by OMRDD to assist in the re-location of residents from the Bayview Nursing Home that were interested in moving back into the community. With much excitement, the Board of Directors readily accepted this project. In order to meet this need, an immediate search for new properties was begun. To date we have purchased three homes, two are located in Levittown and the third is located in Farmingdale. In addition, we have been approved to convert the Free-Standing Respite Residence to a 6-bed ICF (Intermediate Care Facility) and the Diesman Residence to a six-bed IRA (Individualized Residential Alternative). The conversions of these programs will allow us to serve additional consumers while increasing our financial resources and upgrading our properties— a real win/win situation for all.

In addition, the department received nearly \$35,000 in Preservation Fund monies, which were used to upgrade the existing residences. The appearance of each residence was significantly enhanced by the renovations.

350 Washington Avenue (formerly the Respite Residence)

Due to limited funding, the Respite Residence continued its reduced operation on weekends through December 31, 2005. The residence officially closed its doors in anticipation of the conversion of the residence to a permanent residential facility. "350 Washington Avenue" is expected to re-open as a six-bed ICF in the summer of 2006.

Life Options

This was a landmark year and the start of Life Options, a NYS OPTS-funded program that was designed for consumers by the consumers themselves. Three days a week consumers participate in learning modules of their choice. One day a week consumers are engaged in prevocational activities and one day a week the consumers are in the community using the skills learned in the classroom to facilitate learning and integration into the community.

From day one, consumers have been enthusiastic, vocal and receptive to the chaos of changing classes every hour; learning where the classrooms are located, learning new skills and developing new friends. Overall consumer attendance has never been higher! On any given day you can find classes in Spanish, sign language, music, art, computers, nutrition, aerobics, current events or many other subjects. The prevocational work experience has enabled individuals who have never earned money to "earn a paycheck." On alternate Thursdays (payday) there is a hum throughout Life Options "it's payday." We know of at least one paycheck that is framed and hanging on the wall!

There is palpable energy among consumers and staff as to what the new day will bring in the way of new and interesting things to do and learn. The Spring Equinox brought out many eggs: five of which we were able to stand on end. At the end of the first semester, we held an assembly to showcase the many activities that had taken place. The second semester brought in electives which included such offerings as poetry, scientific experiments, sports, performing arts and a computer club, to name a few.

In addition, Life Options has arranged for seminars by presenters such as Susan Fitzgerald from CitiBank, a representative

from Special Olympics, the store manager from Sam Ash and a news reporter from LI Business. Dr. Baliff visited and gave a talk about his African Safari. We also have Pet Therapy and furry friends, Charlotte and Melody, who have brought a special joy to our consumers, who work with them each Monday. We are in the process of publishing our second edition of *Life Options Inside Scoop*, which details the activities of Life Options and is written by the consumers who participate in the Newspaper Group.

Community Inclusion activities have included visits to the Heckscher and Tackapausha Museums, the Cradle of Aviation, Garvies Point, the Firehouse Gallery and Cold Spring Fish Hatchery. Consumers have also been given recipes to follow when visiting local supermarkets and have had to make choices regarding brand, amount and cost of each item on the list. In addition, the East Meadow Library is a favorite stop due to the constant offerings of lectures and other special presentations.

So if you see a group singing "Happy Birthday" in Spanish, practicing their sign language skills, learning how to bake a pretzel or learning about the instruments in an orchestra, you will know you are in Life Options.

These were the honorees at the 2005 **ucpn** Forget-Me-Not Ball:

The "Dr. Jack and Kelly McElwain Humanitarian Award"
Bob Griffin

The **ucpn "Torch of Leadership Award"**
Harold J. Greenberg

Two ucpn nominees recognized by CP of New York State With Honors at Annual Conference



Cerebral Palsy Associations of New York State looks at nominees submitted by affiliates each year and selects individuals who have made extraordinary contributions to improving care for people with developmental and other disabilities. In 2005, two people nominated by **ucpn** were selected as honorees. This distinction clearly reflects the continued efforts of **ucpn** in fulfilling the agency's mission. Tom Connolly, **ucpn** Board President, was named "Volunteer of the Year" and Assemblyman Harvey Weisenberg was named "Legislator of the Year."

Tom Connolly's consistent dedication to **ucpn** for the past 15 years in various capacities including participation as a volunteer in the Children's Learning Center when his daughter was a student there to volunteering at Festival of Trees, to being our current President of the **ucpn** Board of Directors all contributed to this honor. As a parent and board member, Tom has been a strong advocate for **ucpn** and all the individuals who participate in programs here.

The Honorable Harvey Weisenberg, long-time supporter of **ucpn**, was named Legislator of the Year based on his significant contributions through the legislative process that have resulted in increased independence, productivity and integration for people with cerebral palsy and other significant disabilities. Assemblyman Weisenberg, also a parent of a child with a disability, has had a life-long commitment to improving the lives of people with disabilities and helping their families.

Photos:

Top: Ellen and Harvey Weisenberg join Karen Geller-Hittleman, **ucpn** Assistant Exec. Director; Jack Weinstein, VP for Legislation, CP Board of NYS Board of Directors; and Bob McGuire, **ucpn** Executive Director.

Bottom: Tom Connolly accepts the Volunteer of the Year award from Mrs. Anthony Koenig. The award was renamed this year in honor and memory of Anthony Koenig, a CP State Board member who passed away.

Medical Department

The year 2005 was a busy one marked by several important staffing changes, as outlined below.

Family Nurse Practitioner, Barbara Wildfeir, left **ucpn** to pursue career interests elsewhere in the early part of the year. Her position was later filled by Diana O'Neill, Family Nurse Practitioner. Diana brought renewed energy and a fresh perspective to the Primary Care Clinic, drawing upon her eighteen years of experience in clinical care.

Sharon Henle, FNP, a member of the faculty at SUNY Farmingdale, was also a welcome addition to our staff, as she took the lead in resuming provision of Gynecologic care in that clinic.

Neurology clinic services were suspended due to the abrupt departure of Dr. Alexandra McBride, due to her relocation upstate. This left us without a Neurologist throughout the better part of 2005, despite efforts to secure a replacement. Patients were maintained by Dr. McBrien in her absence and referred elsewhere for their neurologic care.

One of our orthopedic surgeons, Dr. Daniel Green, left our staff as well due to increased demands on his time due to growing responsibilities at the Hospital for Special Surgery in New York. Patient services have been maintained by our remaining orthopedic surgery staff.

We continue to receive reports that we are building a strong reputation for compassionate, competent, and reliable care through the coordination of patient care with outside agencies and residential programs, as well as via referrals to Home Nursing services for outpatients. We are now receiving referrals from these same agencies and building our outpatient base of consumers.

Patient care services continued to be maintained or built upon in the following areas: Optometry, Psychiatry, Orthopedics, Physiatry, Podiatry, Medical Social Work, Nutrition, Primary Care and Gynecology. Perhaps the greatest step forward in medi-

cal care delivery at **ucpn** in 2005 came with the creation of a Director of Nursing Services position. Holding this post is Lisa Ferrara, R.N. Through the efforts of Ms. Ferrara, we are already evidencing improvements in nursing care at all sites in our agency through improved communication, strengthened oversight, and an enhanced profile of nursing in the day-to-day care of our consumers and in agency operations.

It is expected that continued attention to medical staffing and clinic operations through the lens of Strategic Planning will enable us to build on our current success.

Clinical Services Department

Fiscal year 2005 was a year filled with change, challenge, and quality improvement within the Clinical Services Department.

In September, an administrative restructuring was implemented, supporting the integration of a clinical service delivery system among each of the various programs in operation at **ucpn**. Despite the winds of change, clinical staff remained focused on our mission and continued to provide extremely high quality services and supports.

The provision of an impressive 18,178 services occurred in 2005. Services included medical and therapy visits and case management services, just to name a few. We were pleased to be able to expand space required for the efficient delivery of these services, creating a Rehab Clinic Suite with a second waiting area and the addition of 6 new clinic parking spaces.

Caring for the whole person

Admirers of a beautiful quilt might only see the work as a whole. But the magnificent parts of the creation are really the variations of each pattern and how the pieces are intricately sewn together. Much like piecing a quilt, the **ucpn** medical and clinical team collaboratively focus on the whole person, providing personalized methods and supports to help individuals with disabilities pursue their goals and interests. For

many of these individuals, unprecedented educational, vocational and social opportunities can be gained through the use of assistive technology.

Matching individuals to the appropriate adaptation is often tied to their ability to try out the various devices available. In 2005, the **ucpn**'s TRAIID Project (Technology Related Assistance for Individuals with Disabilities) received funding of \$36,500 to purchase assistive devices such as augmentative communication devices, computer adaptations, durable medical equipment and environmental controls for their lending library, which has given many individuals the opportunity to try out assistive devices before purchasing.

David is just one of many individuals able to benefit from opportunities this grant made possible. David's progression through the world of computer adaptations involved input from his physical, occupational and speech therapists who saw him progress from the mouse, to the trackball, to the touchpad.

David currently uses this new skill to help secure employment opportunities. The team has also seen him experiment with technologies ranging from voice input, (eliminating his need to use a keyboard), to the FrogPad one-handed keyboard to the Tash mini-keyboard. In some instances, new technologies have proven more effective for David, yet in others, items that seemed to hold promise were not as effective.

The assistive devices now available in the various clinics here have enabled hundreds of individuals the opportunity to try multiple items and compare them before purchasing and to borrow a loaner device when their device is on order or being repaired. In addition, the departments have been able to provide education to both professionals and families about new innovations and equipment.

Development Department

The Fundraising Puzzle:

Fundraising requires the piecing together of a collection of parts, similar to a puzzle, that must be brought together to achieve success. As the pieces begin to fit, our efforts are really providing **ucpn** with the funds that will help insure its future, a marketing strategy that works, an endowment and a public relations campaign that makes a difference.

Marketing/PR

As part of our Marketing Strategic Planning piece, a fabulous deal with Newsday has allowed our agency to advertise approximately 60 times in their Tuesday and Saturday editions, as well as in *Mature Adult*, *Distinction* and *Parents and Children*. This has allowed **ucpn** to market events, promote estate planning, recruit volunteers and help the Auxiliary. Last year, this campaign helped to generate a 106% increase in PR and a 185% improvement over 2004. Our special events also benefited from this campaign with increased excitement and attendance.

We are adding the finishing touches to a new agency brochure that will allow **ucpn** to provide a picture of the services we provide. We are grateful to Dircks Associates for their *pro bono* assistance. We will work on revamping all other agency printed material that will allow us to revitalize our web pages with an interactive display, online donations, online registration for events and so much more.

Our mailing list has grown to over 40,000 names and Center Square has increased its size by four pages. We also now have three editions versus two in previous years. Pat Quinn is to be commended for her hard work to make this publication a huge success.

Finally, as a result of our marketing efforts, we will be restarting the Speaker's Bureau in 2006, looking into which programs we need to market, focusing our volunteer recruiting efforts and working with the Council of CP Auxiliaries to help increase membership.

Planned Giving

Our Estate Planning Campaign by the Foundation Board has generated over \$3 million in bequests and funds that will help us to attain our goal of \$10 million in our Endowment Fund over the next five years. Our advertising campaign has generated over 620 referrals seeking Estate Planning info and over 30 leads to potential new donors. Tremendous success in our planned giving efforts occurred in 2005. Many thanks to William Cohn, Chairman, and to the Foundation Board for their efforts.

Grant Writing

Our new part time grant writer Ken Lin is doing a fabulous job in seeking out new funds for our agency. He is well on the way to obtaining our goal of \$60k in a 12-month period. Over a one-year period, which extends to 2006, Ken will have submitted over \$1 million in grant proposals.

Event Highlights for 2005

Events have always been the main focus of **ucpn** fundraising and 2005 was no different. Events require time, volunteers, prizes and creativity, but the results are obvious. The Festival of Trees raised over \$141k through record sponsorship and attendance soaring to over 18,000 people. The Sing, Sing, Sing Talent Show, which was part of the Festival, featured young musical talent competing for top honors. Joseph Mandaro hosted and was a big hit. The Toast of the Town Wine and Gourmet Food event was enjoyed by all, the Break the Ice Polar Bear Swim made over \$27k in its first year, the Golf and Tennis Tournament raised over \$64k, the Forget Me Not Ball raised over \$89k, The Nassau Pops Concert hit an \$8k note and Creation was a huge success at this concert presented by Lou Panacciulli and the Nassau Pops Symphony Orchestra at the Tilles Center, and Trivia Challenge raised \$40k.

2005 was a good year in the Development Department. Our friend-raising efforts have made a difference and will continue to be successful in the future.

Creation Featured on WLIW - Channel 21 And Sings at the Tilles Center for the Performing Arts



In the Fall, **ucpn**'s own CREATION was featured on Channel 21 on a WLIW segment called "Tickets." The feature included interviews with Maura Wachsberger, the group's musical director, and singers Chris Wawrzonek and Melissa Herrera, and **ucpn** Executive Director, Bob McGuire. The segment helped promote the Tilles Center concert held in October for the benefit of **ucpn** that featured the Nassau Pops Symphony Orchestra.

Chris spoke of how much he enjoys singing and, while learning the songs can be an effort, it is one that is very worthwhile and satisfying. Melissa stated that being part of CREATION is one of the best things she has ever been involved in and went on to say that she is very happy for the opportunity to let people know that even though she is in a wheelchair, she can do anything she sets her mind to do.

WLIW, Channel 21 is the fourth most-watched public television station in the United States, reaching an average weekly cumulative audience of 1.9 million households in the New York metropolitan area.

The concert, billed as "Young at Heart," was sponsored by the Bank of America with Lou Panacciulli serving as the Conductor and Musical Director of the Nassau Pops Symphony Orchestra. Danielle Campbell from News 12 Long Island served as the Mistress of Ceremonies. CREATION made their second appearance on the impressive Tilles stage and moved the audience of over 1,200 with their inspiring and creative musical performance. Significant funds that were raised as a result of the concert will go directly towards programs and services at **ucpn**.

Photos: Top: Chris Wawrzonek is interviewed by Annie Pasqua from Channel 21

Bottom: Creation on the Tilles Center stage with Danielle Campbell from News 12

Human Resources

The mission of Human Resources is to promote the concept that employees are our most valuable resource by providing services that attract, develop, motivate, support, and retain a diverse workforce that is committed to the achievement of both individual and collective excellence. Toward that end, the Human Resources department is constantly striving to develop new programs and identify new resources for the benefit of our workforce. Listed below are five such initiatives that deserve note:

• JFK Jr. Direct Care Generalist Program

In 1999, the JFK Jr. Direct Care Generalist program began as a collaboration between **ucpn**, Lehman College, and the John F. Kennedy Jr. Institute for Worker Education. The **ucpn** was the first Long Island Agency to offer this program. This program offered students/employees 12 free college credits, tuition free, for courses needed to complete the Direct Service Professional Credit Certificate.

The **ucpn** negotiated with Nassau Community College and the Alliance of Long Island Agencies (ALIA) to allow the ALIA sponsored Direct Service Professional Credit Certificate Program and the Human Services Certificate Program to be offered at **ucpn** at no cost to the Agency or our staff.

The **ucpn** also played a significant role in helping Nassau Community College develop a Human Services Certificate Program (30 credits) and an Associates Degree Program in Human Services (66 credits). Both of these programs are recognized by the New York State Education Department and further enhance the educational opportunities available to the staff at **ucpn**.

The **ucpn** had 26 employees participating in the Fall semester of 2005 and 25 employees participating in the Spring.

• Financial Seminars

The **ucpn**, in collaboration with Citibank and Mutual of America offered a comprehensive series of financial seminars during the past year that included college planning (529

plans), financial planning, investment planning (stocks and bonds), IRAs, identity theft, and understanding your credit.

• Free Training from Nassau Community College

Our involvement with the TANF grant in 2002 continues to open doors to other opportunities. The Nassau Community College Special Programs for Business continues to work with **ucpn** to enhance the skills of our staff. During the past year, professors from Nassau Community College have been teaching writing classes to staff from the Adult Day Treatment Program and The Work Center.

• Management Training

A formal management training curriculum, that began in 2002, continued during the past year. Management staff received training in Accident Incidents/Reporting And Investigations, Behavior Based Interviewing and Evaluation, Corporate Compliance, Dealing With Difficult People, Discrimination Prevention, HIPAA, and Progressive Discipline.

• Summer Youth Program

In 2005, **ucpn** continued its involvement with the Town of Hempstead's Summer Youth Program. The **ucpn** collaborated with the Town of Hempstead's Youth Council, the Department of Occupational Resources, Winthrop University Hospital, Hofstra University, the Long Island Regional Adult Education Network and others to create an innovative summer program under the Hempstead Works Leaders of Tomorrow Scholarship Program. Last year, 15 students from Roosevelt High School participated in the Summer Youth Program where they received career counseling, academic support and mentorship, in addition to their paid work experience (at no cost to **ucpn**). These young students gained valuable work experience in Adult Day Treatment, Accounting, Human Resources, Medical, Speech Therapy, Physical Therapy, Rehabilitation Technology and The Work Center.

As a result of our ongoing participation and support of the Town of Hempstead's Summer Youth Program, the **ucpn** was honored by the New York Association of Training and Employment Professionals (NYATEP) during Youth Service Provider Recognition Month.

Quality Assurance Department

In 2005 our Quality Assurance Department began to experience growth and redefinition. With the birth of the Life Options program, the re-structuring of our adult day services and the projected development of additional residential sites, the professional resources needed in the QA Department were analyzed. Towards the end of 2005, a new Table of Organization for the Quality Assurance Department emerged and now includes a Quality Assurance Coordinator position and quality assurance positions for residential services, Life Options, and the adult day services.

In redefining the functions of the Quality Assurance Department, staff trainings, for both new and existing employees, will now come under the Quality Assurance Department's oversight and control. The Agency's training activities under the Quality Assurance Department will serve to strengthen and enhance our current staff training curriculum as we incorporate regulation changes as well as quality assurance reviews and investigative findings. Incident management and investigations will continue to fall within the Quality Assurance Department's domain.

Initiatives for 2006 include the Director of Quality Assurance functions being expanded to include oversight of the Quality Assurance Department as well as serving as the agency's Corporate Compliance Officer. The **ucpn**'s Corporate Compliance plans include the formation of a Corporate Compliance Committee with representatives from the Board of Directors, executive administration, financial, clinical and program service departments. The role of this committee will be to advise and assist the Corporate Compliance Officer with the implementation of the agency's Corporate Compliance Program. The agency's Corporate Compliance plans allow for a further enhancement of quality assurance efforts as they pertain to documentation of services and the billing of those services.

The plans outlined in 2005 to both expand the Quality Assurance Department and redefine its role come at a critical time as government redeploys its resources in a renewed effort to more closely monitor service providers' compliance with Federal and State mandates.

2005 DONORS

Donors of \$30,000 plus

Robert Griffin
Edythe & Sol Atlas Fund, Inc.
John Ferrari
Martha G. Mott Trust
Katherine Weiss

Donors of \$25,000 plus

William S. Cohn

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Citigroup Business Services
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Donors of \$10,000 plus

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Garden City Community Fund
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Rhona Lattanzi
Joel Paymer & Family
The David & Minnie Berk Foundation, Inc.

Donors of \$7,500 plus

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Roger Slotkin
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The Louise and Gerald Kaiser Family Foundation
The Prudential Foundation Matching Gift Program
The Town Bagel Shop, Inc.
Ullman Foundation
Virtual Benefits Corporation
Wal-Mart Foundation
Bea Wellens

It Makes Sense to Donate to ucpn



One of the great benefits of working for a not-for-profit organization is the opportunity to meet and work with people who value generosity, charity and the passion to make the world a better place. The proliferation of charitable organizations in New York State (there are now over 100,000) is a testament to the altruism of our community. However, with all the worthy endeavors to support, how can a donor ensure that one's contribution is making the most difference?

One way to quantitatively measure value is examining the percentage of a donation that goes directly into programming as opposed to administrative costs. But, what is a reasonable percentage? Good programming could not exist without good administration. How much out of every dollar of revenue should a not-for-profit put back into programming?

The Better Business Bureau (BBB) has worked to establish standards for evaluating not-for-profits and they will not recommend an organization that does not keep its administrative costs below 20% of revenue. The typical Long Island charity has administrative costs that fall in the 15%-25% range.

As a result of **ucpn's** focus and commitment to its mission, the agency's administrative costs are only 10% of revenue. This means that ninety cents out of every dollar of revenue goes directly towards improving the lives of people with developmental disabilities, in addition to supporting the families of these individuals.

Photo:

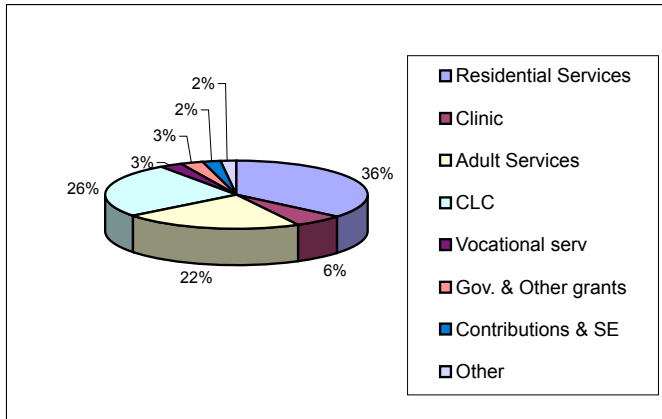
Mr. and Mrs. Asha Verma recently made a generous donation of \$5,001 as a result of how happy they are with their grandson Rishab's experiences at the Children's Learning Center. They were impressed to know that their donation will be put to direct use for CLC programs and services to benefit their grandson and the other children who attend school there.

2005 FINANCIAL REPORT

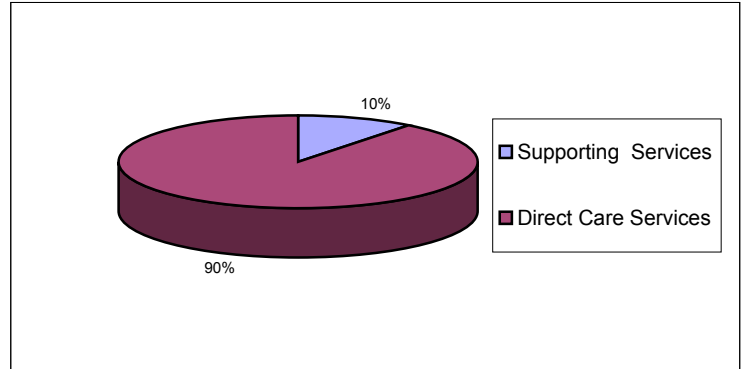
Year ended December 31, 2005

(Unaudited)

Revenue Sources



How we spent each dollar



Nassau Cerebral Palsy Association, Inc. and its operating subsidiaries showed a surplus for the Year Ended December 31, 2005, with Bayview Nursing Home showing a small deficit and **ucpn** and Bayville showing surpluses.

The financial results of the Bayview Nursing Home showed a small deficit due to the legal fees incurred in trying to formally dissolve the Corporation. It is hoped that this will be completed in 2006. The new owners of the Nursing Home have notified us that Medicaid has adjusted their reimbursement rates for the period prior to their ownership. This means that in 2006, **ucpn** will have to reimburse them for these reductions. This was anticipated at the time of sale, and while it will have a negative cash impact in 2006 it has already been accounted for in our financial statements for 2003.

The revenues for **ucpn** increased compared to last year, primarily in the Adult Day Program area with the Life Options Program beginning operations in November 2005. Expenses increased due to the start-up of Life Options as well as the increased costs in our Residential Programs. Despite these increased costs, **ucpn** showed a surplus for the year. The expenses of **ucpn** continue to be consistently monitored as we strive to maximize the financial efficiency with which the Agency operates.

The revenues of UCP Bayville declined this year since the prior years' Medicaid adjustments were received in 2004. Even without the small Medicaid rate adjustment received in 2005, UCP Bayville would have still shown a surplus. On the expense side, we reduced the expenses at UCP Bayville while still providing quality services to the residents.

The **ucpn** continues to provide quality services to all of those that we serve. In 2005 **ucpn** billed and received from the local school districts and Nassau County the revised tuition rates that we had received in October 2004. Since these funds were accrued during the prior years the revised billing had no effect on our Surplus, but it had a major beneficial increase in the Agency's cash receipts beginning in January 2005. We anticipate continued surplus in 2006. In addition, management continues to work closely with senior staff and the Budget & Finance Committee to monitor and increase revenue and contain costs throughout the organization.



The ucpn Wishlist

Building Campaign to Expand Classrooms	\$ 625,000
Leisure Services Program	\$ 225,000
Fiber Optic Evaluation Equipment.....	\$ 41,000
Renovations to Plainview House	\$ 35,000
1 Ambulatory Van	\$ 30,000
Pet Therapy	\$ 26,000
20 New Computers with Printers	\$ 20,000
Renovations to Respite House	\$ 15,000
Math Curriculum.....	\$ 9,000
OT Ice-Pack Machines, Fluid Therapy, Ultrasound.....	\$ 5,000
Electric Combination Tilt Table	\$ 4,100
Three Laptop Computers @ \$1,200 each	\$ 3,600
Protégé 3500 Tablet Computer with infra-red joystick	\$ 3,000
New Treadmill for Physical Therapy	\$ 2,000
Computer Software & Printer - Com. Based Day Hab	\$ 1,500
Word Plus w/ Destalk Synthesizer	\$ 1,500
Automatic Page Turner.....	\$ 1,100
Special Education Learning Software	\$ 1,000
Therapeutic Toys	\$ 1,000
Pocket Viewer Magnifier	\$ 1,000
Sponsor Athlete for National Competition	\$ 1,000
Self Feeding Device	\$ 900
Zoom Text and Screen Reader from XP.....	\$ 700
Missing Link Block Set	\$ 700
Batteries for Wheelchairs.....	\$ 700
Radial Arm Drill Press.....	\$ 600
Communication for Visually Impaired	\$ 600
One Augmentative Communication Device	\$ 500
Sponsor a Leisure Services Trip for 10 Individuals.....	\$ 400
Sponsor One Individual for One Year of Bowling.....	\$ 400
Activity Supplies for Two Events for our Children and Adults.....	\$ 300
Spiral Binding Machine.....	\$ 250
Purchase New Set of Books for our Classrooms.....	\$ 200
Portable Blood Pressure Kit	\$ 100
Craft Supplies.....	\$ 100



Mission

The mission of United Cerebral Palsy Association of Nassau County, Inc. is to (a) affect positively the quality of life of persons with cerebral palsy, others with severe disabilities and multiple service needs, and the families of both and (b) prevent cerebral palsy and minimize its effects.

Purposes

United Cerebral Palsy Association of Nassau County, Inc. is a dynamic network of people committed to the following purposes:

- To assure the rights and entitlements of persons with disabilities
- To equip and enable individuals with cerebral palsy and other severe disabilities to attain the fullest possible employment, productivity, and participation in an integrated community
- To support freedom of choice by assuring multiple options in daily living
- To provide a continuity of quality human services
- To improve living conditions in all circumstances
- To present factual material for the awareness and understanding of all segments of the public
- To involve persons with cerebral palsy and also others with severe disabilities in decision-making processes affecting their lives
- To mobilize human and financial resources to accomplish the above

Front cover photos:

Top left: Surrounded by family, including his sister Phyllis, a consumer at **ucpn**, Joel Greenberg accepts the "Torch of Leadership" award on behalf of his father, Harold J. Greenberg at the 53rd annual Forget Me Not Ball. Harold Greenberg, a dedicated supporter and generous benefactor of **ucpn** died shortly after the Ball. The award has been re-named the Harold J. Greenberg Torch of Leadership award in his honor and memory.

Top center: The Victory 100 Volunteers – some of the hundred plus volunteers who have offered over 100 hours of volunteer service to **ucpn** appear in this photo. The Victory 100 volunteers represent our Board, our Auxiliary, our staff, our families, and individuals from all walks of life in the community. Herb Alloy (back row, center) passed away in March '06. Herb was a tireless supporter of **ucpn** who was actively involved in many capacities. He will be missed.

Top right: The **ucpn** Dignitary Award Honorees 2005 with **ucpn** Executive Director, Bob McGuire: Awards were bestowed upon New York State Assemblyman, Harvey Weisenberg; State Senator, Charles J. Fuschillo Jr; from Citibank N.A., Michelle DiBenedetto, Diane Lazuta and Pat Edwards; and from Leggz Ltd, Dance, Joan MacNaughton.

Assemblyman Weisenberg and Senator Fuschillo were each responsible for making funding of \$50,000 available to **ucpn** for necessary capital improvements. Upgrades in refrigeration, air-conditioning, heating and energy efficiency were carried out. These improvements helped enhance daily life for the children and adults we serve and helped us run our facility most effectively and efficiently. While not glamorous enhancements, they were sorely needed and **ucpn** would have been hard-pressed to accomplish them without this funding.

Citibank N.A. has been a generous supporter of **ucpn**, providing financial support through sponsorships, grants and fundraising efforts. In addition, the bank has hosted financial education seminars for the benefit of staff at **ucpn**.

Joan MacNaughton and the Leggz Ltd. Dance group has generously offered their time and talent at many **ucpn** events and fundraising efforts.

Bottom left to right:

ucpn serves over 1,800 children and adults with disabilities. Tom, Angela and Tialy all participate in programs here at **ucpn**. Tom is part of the Life Options Group. Angela is a school-age student at the Children's Learning Center (CLC) and Tialy participates in the Teen Academics Program at CLC.

Back cover photos:

Top left: CLC Principal, Diane Berger is seen here with a student who participated in an art contest sponsored by Citibank N.A. The art of students at the CLC and in the ADT programs here at **ucpn** was selected for use in notecards that were printed and sold in a fundraising program at Citibank branches throughout Long Island.

Left center: David Tindale and Melissa Herrera, participants in the Life Options program, are seen here at a practice session for the singing group Creation. More about Creation inside the report! David is featured in the HBO film, "Yellowbrook Road" which chronicles his involvement with the Anchor Program production of the Wizard of Oz.

Top center: Mary C. Hodge, Coordinator of the Day Hab program at **ucpn** was awarded the "Daniel Milch Memorial Award" for 2005. Judith Lee, the sister of Cathy Lee who is a participant in the Day Hab program nominated Mary for the award and stated, "Ms. Hodge is an extremely enthusiastic, amiable person who is able to motivate the people in her program through her compassion and strong belief that people with disabilities should be out in the community, performing to the best of their ability. The program that my sister attends is wonderful and has helped her tremendously."

Top right: Bob Griffin is a long-time Board member and generous supporter of **ucpn**. When he was named the 2005 Humanitarian of the Year at **ucpn** Forget Me Not Ball, his son Keith was on hand to cheer him on and share in the joy and pride of this special distinction. Keith has been a consumer at **ucpn** since his early years.

Center right: At the Council of Auxiliaries Fashion Fantasy event, Susan Gruen Helsing was honored in recognition of her dedication to philanthropy and research. At the event, Ms. Helsing presented a check for \$3,500 to Dr. James McBrien, **ucpn** Medical Director; to purchase a new cardiac defibrillator unit for the agency. (left to right: Dr. McBrien, Julie Marchesella, Susan Gruen Helsing and Carmela Lage, Auxiliary Council President.)

Bottom left: A dedication was held at the Clark Street Residence in Seaford in December to thank and honor Mrs. Kathleen Weiss who made a \$50,000 donation to **ucpn** in honor of her late husband, Rupert Weiss Sr. The sons of Mrs. Weiss, Rupert and Walter reside at the Clark Street home. (Photo: Brothers, Walter Weiss on the left and Rupert Weiss, standing in the back right, join fellow residents, Thomas Bauer, William Hand, Joanne DiGiovanni and Christine Amone at the ceremony.)

Bottom right: Students from the Wheatley School in Westbury have a wonderful, on-going friendship with students here at the Children's Learning Center. For the past five years the Wheatley students have literally "brought" a carnival to the CLC for the enjoyment of all 250 students! They collaborate on a variety of other projects, too. Channel 7, WABC-TV provided coverage of the fun event. The CLC is fortunate to enjoy this relationship with 5 other caring schools in the community, too. Notice the augmentative communication device on the wheelchair tray of the CLC student in the foreground.

The **ucpn** is grateful to these organizations for their support:



The Garden City Community Fund

The Manhasset Community Fund



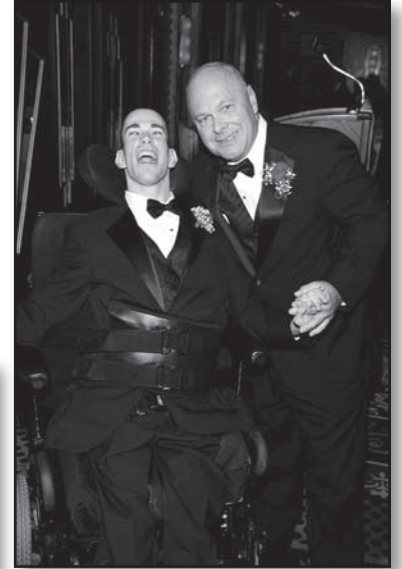
The **ucpn** meets all the BBB's standards for Charitable Accountability

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